Home Emergency Plan

Safer Scotland
Scottish Government

If it is not safe to go out:

Go indoors and close all windows and doors.
Stay indoors.
Stay up to date using radio, TV or online.

If there is no power, an FM radio powered by battery, solar or wind-up will keep you informed, including car radios.

FM frequencies: .....

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If you have to leave home, have an agreed meeting place close to home.

Meeting place: .....

.....

Take your emergency items in a waterproof bag.

Important numbers

Emergency services: **999**
NHS 24: **111**
Loss of power: **105**
Scottish Water: **0800 077 8778**
Police: **101**
Floodline Scotland: **0345 988 1188**
Gas emergencies: **0800 111 999**

Your important numbers

for example, GP, care providers, insurance, vet, local council.

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Once you know you and your family are safe, look out for vulnerable neighbours.

For more advice check ready.scot

Are you prepared?

A home emergency kit is one of the best ways to deal with the unexpected.

Light



- [ ] Torch
- [ ] Batteries

Communication



- [ ] Mobile phone (make sure it is fully charged)
- [ ] Radio

Health



- [ ] First aid kit
- [ ] Medicine
- [ ] Blankets/warm clothes
- [ ] Toiletries

Food/drink



- [ ] Ready to eat food
- [ ] Baby food/pet supplies
- [ ] Bottled water

Your important items



- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
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For more suggestions for your emergency kit, see ready.scot